

## Laparoscopic versus open TME a reality check



Penninckx F
on behalf of all participating teams
and the PROCARE Steering Group

# funding for training (review) and registration

Foundation against Cancer (2006-2007)

**RIZIV / INAMI (2007 – 2012)** 

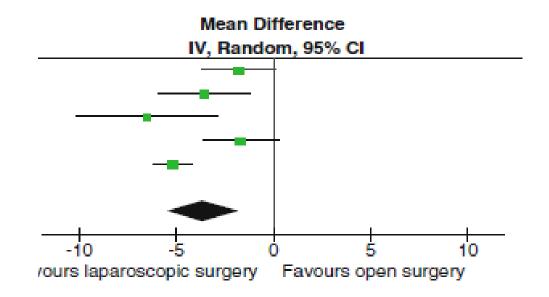


### Meta-analysis of 12 RCT's

Ohtani et al. J Gastrointest Surg 2011, 15: 1375-85

#### Hospital stay

Baik 54 vs 108
Braga 83 vs 85
Gonzalez 20 vs 20
Lujan 101 vs 103
Zhou 82 vs 89



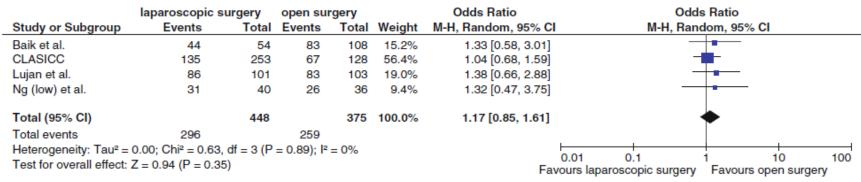
#### Meta-analysis of 12 RCT's

Ohtani et al. J Gastrointest Surg 2011, 15: 1375-85

#### Overall mortality

	laparoscopic su	rgery	open sur	rgery		Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% CI
Araujo et al.	0	13	0	15		Not estimable	
Baik et al.	4	54	12	108	6.1%	0.64 [0.20, 2.09]	-
CLASICC	92	253	57	128	45.8%	0.71 [0.46, 1.10]	<del></del>
Lujan et al.	28	101	25	103	21.8%	1.20 [0.64, 2.24]	<del>-  </del>
Ng (low) et al.	12	40	17	36	9.7%	0.48 [0.19, 1.23]	<del></del>
Ng (upper) et al.	22	59	26	67	16.5%	0.94 [0.46, 1.93]	<del></del>
Zhou et al.	0	82	0	89		Not estimable	
Total (95% CI)		602		546	100.0%	0.80 [0.60, 1.07]	•
Total events	158		137				
Heterogeneity: Tau <sup>2</sup> = 0.00; Chi <sup>2</sup> = 3.33, df = 4 (P = 0.50); l <sup>2</sup> = 0%					0.01 0.1 1 10 100		
Test for overall effect:	Z = 1.51 (P = 0.13)					Fa	0.01 0.1 1 10 100 vours laparoscopic surgery Favours open surgery

#### Disease-free survival at 5 years after surgery



### Lap versus open TME for mid + low rectal cancer AIMS

Oncological quality of surgery and survival

Early postoperative outcome

Is converted laparoscopy worse than open?

in general surgical practice

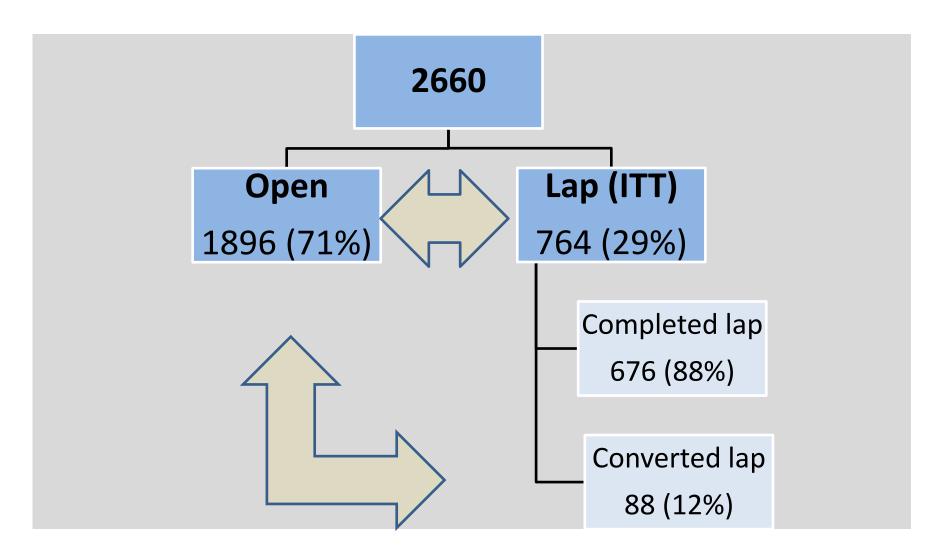


### Lap versus open TME in general surgical practice PATIENTS and METHODS

- PROCARE database with prospective registration on a voluntary basis in Jan 2006 – Oct 2011
- TME for mid + low invasive rectal adca (0 − 10 cm)
- 2660 patients
- 82 / 111 centres



### TME for rectal cancer 0 -10 cm from verge

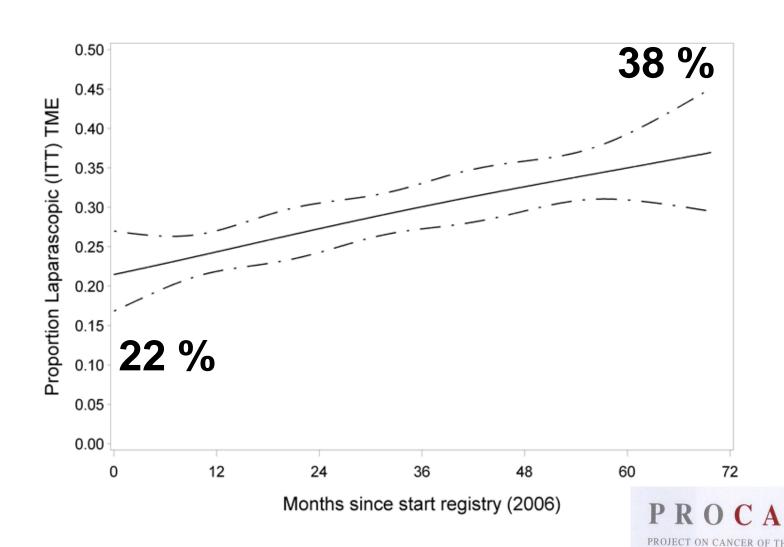


### Lap versus open TME in general surgical practice PATIENTS and METHODS

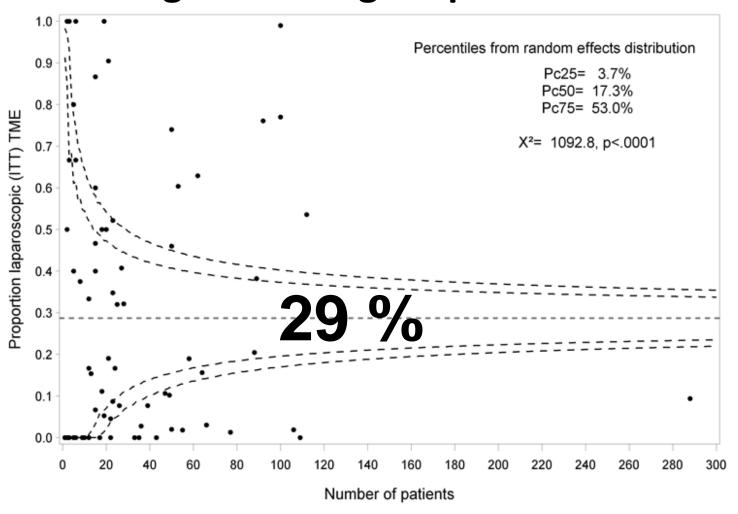
- TME quality, CRM positivity, 30 d mort., OS, adjusted for
  - age and sex,
  - ASA and BMI,
  - lower limit and circumfer. localisation,
  - (y)pT and (y)pStage,
  - neoadjuvant treatment,
  - TME experience



### Implementation of lap TME for mid + low RC in general surgical practice



### Implementation of lap (ITT) TME for mid + low RC in general surgical practice



no lap (ITT) TME in 25/82 (31%) centres

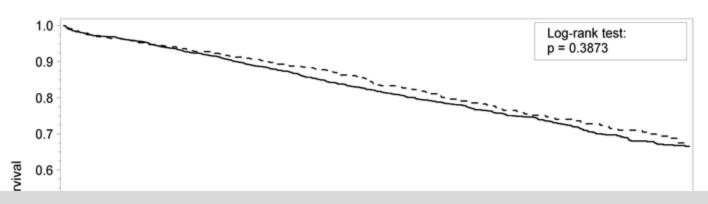


### **Quality of oncological surgery**

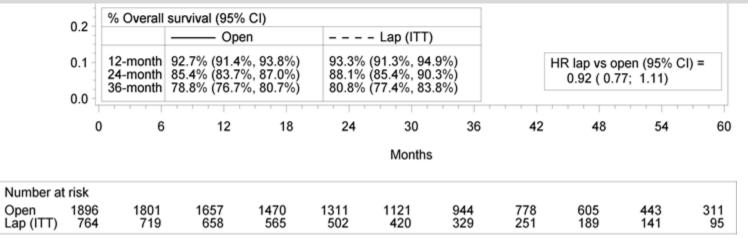
	OPEN N = 1896	LAP (ITT) N = 764
Musc. propria	11.4 %	13.2 %
(y)pCRM positive	18 % SSO: 12.4 % APE: 27 %	18 % SSO: 15.3 % APE: 26.7 %
Median N of nodes (IQR)	11 (7-15)	11 (7-16)



### Overall survival after lap (ITT) vs. open TME



HR lap vs open after adjustment for confounders = 0.999 (95% CI 0.83-1.20)





### **Early postoperative outcome**

	OPEN N = 1896	LAP (ITT) N = 764
APE + HR rate	31 %	31 %
Morbidity any Major morbidity	<b>41 %</b> 6 %	<b>32</b> % 7 %
30 d mortality	1.5 %	1.4 %
Median LoS (IQR)	12 (9-17)	10 (8-16)



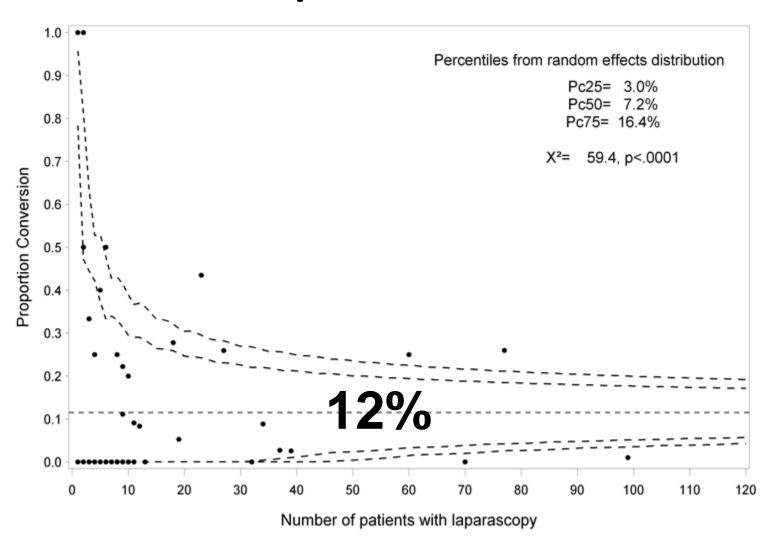
### Hospital stay after rectal cancer surgery

MEDIAN (IQR)	OPEN	LAP (ITT)
PROCARE	12 (9-17)	10 (8-16)
England	14 (6-22)	10 (2-18)
ACS NSQIP	7 (5-10)*	5 (4-8)*

<sup>\*</sup> complication rate 21% after lap vs. 29% after open

Faiz et al. Dis Colon Rectum 2009, 52: 1695-1704 Greenblatt et al. J Am Coll Surg 2011, 212: 844-54

### Variability in conversion rate

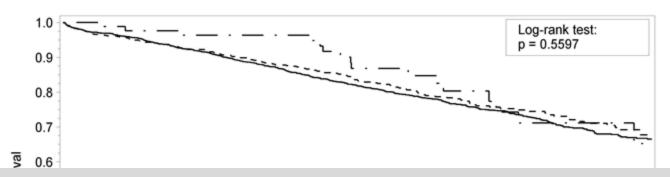


### Is converted lap TME worse than open TME? Quality of oncological surgery

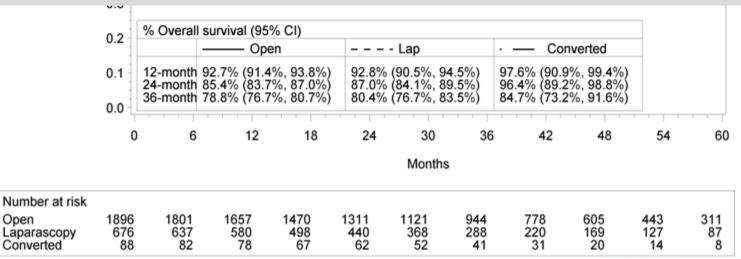
	OPEN N = 1896	CONV LAP N = 88
Musc. propria	11.4 %	18 %
(y)pCRM positive	18 %	23 %
Median N of nodes (IQR)	11 (7-15)	12 (8-16)



### Overall survival after open vs. lap vs. conv lap TME



HR conv lap vs open after adjustment for confounders = 0.64 (95% CI 0.39-1.07, p=0.090)





### **Early postoperative outcome**

	OPEN N = 1896	CONV LAP N = 88
APE + HR rate	31 %	23 %
Morbidity any Major morbidity	41 % 6 %	41 % 6 %
30 d mortality	1.5 %	0 %
Median LoS (IQR)	12 (9-17)	11 (9-18)



#### **CONCLUSIONS I**

Open and lap TME are oncol. equivalent in
 2660 pts with mid + low RC in general practice

Converted lap not worse than open TME

 A policy of commencing a lap approach in suitable cases seems to be justified

Early benefits of lap TME



#### **CONCLUSIONS II**

- Lap TME rate is not a QCI in RC surgery
- Open TME remains the best route to succesful treatment for many surgeons
- Lap TME requires
  - good patient selection
  - meticulous technique
  - experience/skills



